

# Cork LiFELOng Learning Festival

2023

All  
Events  
**FREE**

# CLONAKILTY

Monday 27<sup>th</sup> March - Friday 31<sup>st</sup> March

• **Explore** **Create** **Celebrate** •



[www.corketb.ie](http://www.corketb.ie) | 021 485 6347



A chairde,

Fearaim fórchaoín fáilte romhaibh.

It is a pleasure to welcome you to **The Lifelong Learning Festival**, an event devoted to the exploration and celebration of learning in its many forms.

The festival's motto of **Explore, Create, Celebrate**, is very evident this week in the various learning festivals throughout Cork county.

With its emphasis on celebration, the festival highlights the fact that learning is no longer seen as something that happens only in classrooms - it is a process which happens in many settings and throughout life. As a society and economy changing at an ever increasing pace, building our capacity to learn and adapt is critical to all of us achieving our full potential. It is an opportunity for people of all age groups and cultures from new communities to showcase their work and to explore new opportunities. It also highlights the power of community endeavour and good will. I am delighted to see the renewed interest in the Irish language and in traditional crafts such as woodcraft and welding.

As an education and training organisation, Cork ETB recognises the importance of our role in supporting and continuing our linguistic and cultural heritage.

I would like to welcome to this year's programme, Ionad Áise in Reidh na nDoirí in the Muskerry Gaeltacht (Gaeltacht Mhúscraí) who are hosting events such as bingo and a knitting workshop all through Irish. Events such as speed gaeilge, playing cards as gaeilge, experiencing Ukrainian culture and conversational spanish are also a welcome addition to this years festival programme.

The festival has something for everyone, so please join us and celebrate this diversity of learning, its artistic expression and its potential for creating change.

My sincere thanks to all those involved in organising the festival.

Comhghairdeas ó chroí libh go léir. Bainigí sásamh as na himeachtaí.

Le gach dea-ghuí

**Denis Leamy**

*Chief Executive Cork Education and Training Board*

# MONDAY

27<sup>th</sup> March 2023

11.00am - 12.30pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Art with Mary



Painting class with Mary Quinlan, suitable for all levels. Drop into any activity, all welcome. **Call (023) 8833702 / (086) 0136903 or email [clonakilty@corkmentalhealth.com](mailto:clonakilty@corkmentalhealth.com) for further information.**

1.00pm - 3.00pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Knitting & Crochet



Knitting and crocheting afternoon with Helen, suitable for all levels. Drop into any activity, all welcome. **Call (023) 8833702 / (086) 0136903 or email [clonakilty@corkmentalhealth.com](mailto:clonakilty@corkmentalhealth.com) for further information.**

7.00pm - 8.30pm

**Venue:** Clonakilty Further Education and Training Centre, Old Technical School, Western Road, Clonakilty.

## Art Exhibition - *The Art of Hope and Love*

Join our art students for an exhibition of their work, as well as an art sale for charity. Raising vital funds for those affected by the earthquake in Syria. Refreshments will be served. **Booking Essential. Call (086) 0204681.**

# TUESDAY

28<sup>th</sup> March 2023

11.00am - 12.00pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Chair Yoga with Joan



Gentle chair yoga class with Joan Harte, suitable for all levels. Drop into any activity, all welcome. **Call (023) 8833702 / (086) 0136903 or email [clonakilty@corkmentalhealth.com](mailto:clonakilty@corkmentalhealth.com) for further information.**

12.30pm - 2.00pm

**Venue:** Clonakilty Further Education and Training Centre, Old Technical School, Western Road, Clonakilty.

## Cultural Cooking with Ita



Join Ita for a cultural feast for Easter. Places are limited so early booking advised. **Call (086) 0204681.**

1.00pm - 2.30pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Stroke/Brain Injury Group

Stroke/Brain Injury Support Group facilitated by David Goggin.



Drop into any activity, all welcome.  
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## WEDNESDAY

29<sup>th</sup> March 2023

10.30am - 12.00pm

**Venue:** Clonakilty Further Education and Training Centre, Old Technical School, Western Road, Clonakilty.

### Decoupage Workshop with Deirdre



Join Deirdre to learn all about the basics of decoupage. Materials will be provided. Places are limited so early booking advised. Call (086) 0204681.

11.00am - 1.30pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

### Siúlóid@CCRC including Holistic Health Clonakilty Workshop

Gentle walking group within the community including a short massage workshop with Angela Brown at Clonakilty Community Gardens. Drop into any activity, all welcome. Call (023) 8833702 / (086) 0136903



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## THURSDAY

30<sup>th</sup> March 2023

10.45 am - 12.45pm

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

### Women's Group



A gentle space for chats, refreshments, card games, singsongs and more! Drop into any activity, all welcome. Call (023) 8833702 / (086) 0136903 or email [clonakilty@corkmentalhealth.com](mailto:clonakilty@corkmentalhealth.com) for further information.

11.00am

**Venue:** Clonakilty Allotments – Tawnies' Upper

### Open morning in the Garden

You are welcome to an open morning in our garden facilitated by Patrick Cotter and our current Horticulture students. The event is to be concluded in a Presentation by Diarmuid Cregan at 12 (noon) on local, green sustainability initiatives. Open to all, no bookings required.

**1.00pm - 2.30pm**

**Venue:** Clonakilty Further Education and Training Centre, Old Technical School, Western Road, Clonakilty.

## Weaving and Spinning Workshop



Join Catherine for a demonstration of a traditional Irish spinning wheel and some hands-on work on a loom. All materials will be provided. Places are limited so early booking advised. Call (086) 0204681.

**2.00pm - 3.30pm**

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## LGBTQIA+ Group



Social café for our LGBTQIA+ community. Have a cuppa and meet old/new friends. Drop into any activity, all welcome. Call (023) 8833702 / (086) 0136903 or email [clonakilty@corkmentalhealth.com](mailto:clonakilty@corkmentalhealth.com) for further information.

# FRIDAY

## 31<sup>st</sup> March 2023

**10.00am - 11.30am**

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Men's Group



Group space for chats, refreshments, card games, singsongs, crafts, outings, and more!

Drop into any activity, all welcome.

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**11.30am - 1.00pm**

**Venue:** Clonakilty Community Resource Centre, Western Road, Clonakilty.

## Drumming Workshop

A Celtic Drumming Workshop with Fergal, suitable for everyone.

Drop into any activity, all welcome.

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