

Cork LiFELOng Learning Festival

 2023

All
Events
FREE

DUNMANWAY

Monday 27th March - Saturday 1st April

• **Explore** **Create** **Celebrate** •



www.corketb.ie | 021 485 6347



A chairde,

Fearaim fórchaoín fáilte romhaibh.

It is a pleasure to welcome you to **The Lifelong Learning Festival**, an event devoted to the exploration and celebration of learning in its many forms.

The festival's motto of **Explore, Create, Celebrate**, is very evident this week in the various learning festivals throughout Cork county.

With its emphasis on celebration, the festival highlights the fact that learning is no longer seen as something that happens only in classrooms - it is a process which happens in many settings and throughout life. As a society and economy changing at an ever increasing pace, building our capacity to learn and adapt is critical to all of us achieving our full potential. It is an opportunity for people of all age groups and cultures from new communities to showcase their work and to explore new opportunities. It also highlights the power of community endeavour and good will. I am delighted to see the renewed interest in the Irish language and in traditional crafts such as woodcraft and welding.

As an education and training organisation, Cork ETB recognises the importance of our role in supporting and continuing our linguistic and cultural heritage.

I would like to welcome to this year's programme, Ionad Áise in Reidh na nDoirí in the Muskerry Gaeltacht (Gaeltacht Mhúscraí) who are hosting events such as bingo and a knitting workshop all through Irish. Events such as speed gaeilge, playing cards as gaeilge, experiencing Ukrainian culture and conversational spanish are also a welcome addition to this years festival programme.

The festival has something for everyone, so please join us and celebrate this diversity of learning, its artistic expression and its potential for creating change.

My sincere thanks to all those involved in organising the festival.

Comhghairdeas ó chroí libh go léir. Bainigí sásamh as na himeachtaí.

Le gach dea-ghuí

Denis Leamy

Chief Executive Cork Education and Training Board

MONDAY

27th March 2023

10.00am - 12.00pm

Venue: Longhill Garden, Acres, Dunmanway. Eircode: P47CC97

Mindful walk through the Garden



Slow down, take time for yourself and others, connect with nature and enjoy the beautiful garden. Followed by tea/coffee and cake! In the event of it raining on the day, it will relocate to Dunmanway Family Resource Centre. **Tel. Dunmanway Family Resource Centre on 023-8856818 to book your place.**

2.00pm - 4.00pm

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Personal Sustainability

How to create sustainability in your life. How we need to change and personally take on responsibility to recycle, repurpose and understand how to take care of our work and life environment. **Booking Advisable. Tel. 086-8239149 email: dorothy.beamish@corketb.ie**

7.15pm - 9.00pm

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Bringing IRISH into our daily activities



Learn the meanings of common Irish place names. Try your hand at playing cards, '45', as Gaeilge. Learn the history and the meaning of the National Anthem. Use An Nuacht and the weather forecast (as Gaeilge) to practice your Irish at home. Cookery as Gaeilge.

Booking Advisable. Tel. 086-8239149 email: dorothy.beamish@corketb.ie

9.00pm - 10.30pm

Venue: St. Patrick's Hall, Main Street, Dunmanway.

Comhaltas Adult Dancing



This is for both beginners and more advanced dancers; ideally suited to those with a bit of energy and who enjoy some social exercise.

Tel. Derry 086-2758388

TUESDAY

28th March 2023

9.30am - 11.00am

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Digital Photography

Learn the key elements of effective composition when taking a photograph. Learn how to rectify the common faults when using a digital camera and enhance your photos.

Booking Essential. Tel. 086-8239149 or email: dorothy.beamish@corketb.ie



10.00am - 12.00pm

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Adult Guidance Service



Come and meet Janice in a one to one consultation or attend a short talk at 11.30am - 12.00pm on what the adult guidance can do for you in furthering your education prospects or career.

Booking is essential for meeting Janice one to one. **Tel. 086-8239149 Dorothy**

2.00pm - 4.00pm

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Playing Board Games

Explore the ways we learn through games, and most important enjoy playing some of your favourite board games.



You are welcome to bring games to play during the event.

Booking advisable. Tel. 086-8239149 email dorothy.beamish@corketb.ie

WEDNESDAY

29th March 2023

1.30pm - 3.30pm

Venue: Dunmanway Community Garden, Bantry Road, Dunmanway.

How to plan and plant your Vegetable Garden



Tips on how to plan, plant and get the most out of your vegetable garden.
Booking Advisable. Tel. 086-8239149
email dorothy.beamish@corketb.ie

6.00pm - 8.00pm

Venue: Dunmanway Library, Main Street, Dunmanway.

Open Evening in the Library



Visit Dunmanway Library on this special open evening to find out about the wonderful services provided from Book clubs to Knitting groups to e-books, real books, Lego clubs and board games. The library has activities and opportunities for all ages to play and learn. **Tel. 023 8855411**

7.30pm - 9.00pm

Venue: St. Mary's Church, Main Street, Dunmanway.

Sam Maguire Community Bells



The bells are an amenity for the community and anyone can come and

learn to ring them. Come on the night and have a go or watch as the bell ringers ring the bells. Try your hand at handbell ringing. All welcome.

Tel. Carmel Foynes 087-9932694 or email: bells@fanlobbus.ie

THURSDAY

30th March 2023

9.30am - 11.00am

Venue: Cork College of FET – Dunmanway Centre, Park Road, Dunmanway.

Make the most of your Smart phone or iPad



Find your way around the smart phone or the iPad. Use it for e-mail, Internet and connecting with friends and family. Download apps and music.

Booking advisable. Tel. 086-8239149 or email dorothy.beamish@corketb.ie

10.30am - 12.00pm

Venue: Cox's Hall, Sackville St, Dunmanway.

Making your own Tomato and Curry Sauces which are versatile and healthy

In order to live well and be well we must eat well. Learn how to make the

THURSDAY

30th March 2023

sauces from scratch which will be full of goodness.



You will get to taste how delicious they are in a variety of dishes.

**Booking Essential. Tel. 086-8239149
or email: dorothy.beamish@corketb.ie**

12.00pm - 1.30pm

Venue: Cork College of FET –
Dunmanway Centre, Park Road,
Dunmanway.

Haiku Poetry

Join artist
Tess Leak for
a welcoming
introduction to
the wonderful
form of poetry
that is Haiku!



Haiku are short 3-line poems. No experience in writing poetry needed, just a willingness to try something new. It can give you a little me time and break from everything that is going on in our busy lives.

**Booking Essential. Tel. 086-8239149
or email dorothy.beamish@corketb.ie**

FRIDAY

31st March 2023

2.00pm - 4.30pm

Venue: St. Mary's Church, Main Street,
Dunmanway.

Sam Maguire Experience & Photography display



Get a guided tour of St. Mary's Church and the Sam Maguire Bells. Photographs taken in the Dunmanway area by learners who attend the Dunmanway FET Centre, Photography course will be on display. All welcome, no need to book. **Tel. 086-8239149
or email: dorothy.beamish@corketb.ie**

7.30pm – 9.30pm

Venue: Dunmanway Historical
Association, Atkin's Hall, Dunmanway.

Informal Music Evening

Come and enjoy an evening of music and song with local choirs, musicians and singers. If you would like to tell a story or sing a song, just come along on the night. All welcome.

Tel. 023-8856508

9.00pm – 11.00pm

Venue: The Greyhound Bar,
East Green, Dunmanway.

Comhaltas Singing and Story Telling



Come and enjoy an evening of music & storytelling. If you have a song to sing, a story to tell or a recitation come along and join in. All welcome.

Tel. Tommy 086-1225867

SATURDAY

1st April 2023

10.00am – 2.00pm

Venue: Meet in Dunmanway Town Centre and take a Tour of the River Bandon by Bus.

Stories of the River Bandon

Join us for a Journey along the River Bandon with speakers sharing stories of the river's history and culture, the water's inhabitants and the lives dependent on it. A tour by bus with stops along the river.

Booking Essential.

Tickets through Eventbrite – <https://www.eventbrite.com/e/stories-of-the-river-bandon-tour-by-bus-dunmanway-tickets-556442894677>



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CELEBRATE



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